



## Fear Itself

Constructed entirely from existing films, *Fear Itself* is a journey through fear and cinema that asks whether horror movies know us better than we know ourselves. Encouraging viewers to interrogate a diverse range of images and sounds sampled from a hundred years of global cinema, *Fear Itself* informs and unnerves in equal measure, changing the way you watch horror movies for good.

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88 minutes

Written, directed and edited by Charlie Lyne

Narrated by Amy E Watson

Produced by Catherine Bray, Anthony Ing, Charlie Lyne and Daniel O'Connor

Executive produced by Janet Lee and Victoria Jaye

Original music by Jeremy Warmesley

Sound mix by Peregrine Andrews

**Official selections:**

International Film Festival Rotterdam — 2016

Hot Docs Canadian International Documentary Festival — 2016

Buenos Aires Festival Internacional de Cine Independiente — 2016

Indie Lisboa — 2016

**Director's biography:**

Charlie Lyne is a filmmaker and film critic living in London. His first film, *Beyond Clueless*, premiered at SXSW 2014 and went on to play at more than fifty international festivals. *Fear Itself* is his second feature.

As a critic, Lyne writes a weekly column for The Guardian and festival coverage for Sight & Sound. In 2016, his ten-hour protest film *Paint Drying* received worldwide attention, garnering coverage in the Washington Post and Time Magazine.

**Director's filmography:**

*Beyond Clueless* — 2014

*Copycat* (short) — 2015

*Fear Itself* — 2015

*Paint Drying* — 2016

*Blackout* (short) — 2016